

LIFEWISE

turning lives around

BETTER TOGETHER.



ANNUAL REPORT 2015

KIA ORA KOUTOU!

Firstly can we acknowledge the people, families and whanau that are working with Lifewise to provide strong futures for their children, improve their own wellness, maintain their independence in the community, and be welcoming neighbours and friends to people around them. We salute your courage and tenacity!

We continue to provide services in Auckland and Rotorua that support people to live well in the community. Our commitment to developing new solutions has also seen us develop new services including our homeless youth housing project and our in-family support project for families with children in care.

We continue to speak out for change and have worked with other organisations to campaign to lift the age of support for young people in CYFS care. Neighbours Day continues to attract increased participation every year.

We have many partners and supporters who provide resources, ideas, invitations

and opportunities for our organisation. Thank you!

Our staff live the values of Lifewise every day and have achieved amazing things for the organisation and the people we work with. We are proud of their passion and commitment and look forward to more good things in the year ahead.



MARION HINES,
CHAIR



REVEREND JOHN MURRAY,
EXECUTIVE DIRECTOR



MOIRA LAWLER,
GENERAL MANAGER

BOARD UPDATE

During the past year The Lifewise Board has seen a number of changes to Trustees.



BOARD APPOINTMENTS

Peter Glensor was appointed to the Board in September 2014 – after a period in elected office in health and local government, Peter has returned to the community sector to head up a new entity – Hui E! Community Aotearoa.



Mark Gosche was appointed to the Board in March 2015 – Mark was a Member of Parliament from November 1996 – November 2008. He is the Chief Executive of Vaka Tautua, a national Pacific health provider.

BOARD RESIGNATIONS

Rev Prince Devanandan who had been a Trustee since the inaugural meeting of The Lifewise Trust Board in May 2009.

Nicola Grundy who had been a Trustee since the inaugural meeting of The Lifewise Trust Board in May 2009.

Ross Taylor who had been a Trustee since the inaugural meeting of The Lifewise Trust Board in May 2009.

Keith Hopner who had also been a Trustee since the inaugural meeting of The Lifewise Trust Board in May 2009.

FAREWELLING JOHN MURRAY

John Murray retires as Superintendent of Lifewise at the end of the Methodist Connexional Year (February 2015). He has served as Superintendent/ Executive Director of Methodist Mission Northern since February 2007 and has made an invaluable contribution during his time. During John's watch, two additional Trusts were formed – The Lifewise Trust and Airedale Property Trust and this has enabled Lifewise Trustees to focus on the work in the social and community services area. Our sincere thanks and best wishes are extended to John and his family for a long and happy retirement.



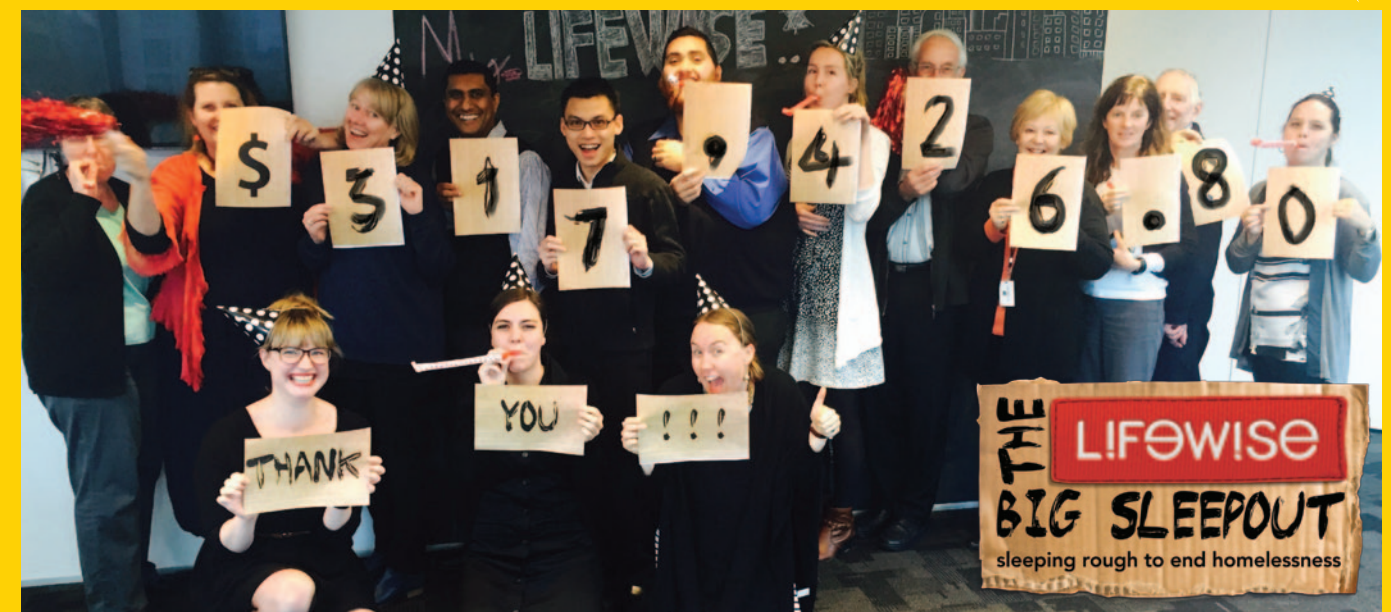
OUR 2015 HIGHLIGHTS

BIG, BIGGEST, BEST THIS YEAR'S BIG SLEEPOUT RAISED \$317,426.80

That sets a new benchmark and we look forward to seeing what we can achieve together next year. Auckland had a huge turnout with 115 people taking part. This year saw teams in Rotorua participate for the first time. They raised \$35,428 – a brilliant result. 100% of the funds raised through the Big Sleepout goes towards those with the biggest need – people with no place to call home.

"WE WERE LUCKY THAT WE GOT A RAINLESS NIGHT THAT WASN'T TOO COLD, BUT SLEEPING ON THE HARD GROUND IN THE DEAD OF WINTER MADE ME VERY AWARE OF WHAT PEOPLE SLEEPING ROUGH DEAL WITH."

ANZ's General Counsel and Company Secretary,
Craig Mulholland





"WE BELIEVE THE FIRST FIVE YEARS OF A CHILD'S LIFE ARE CRITICAL TO THEIR FUTURE HEALTH, HAPPINESS, GROWTH, DEVELOPMENT AND ACHIEVEMENT."

Katee Waetford, Service Manager,
Early Childhood Education

OUR ROUGH SLEEPING REPORT IS NOW AN AWARD WINNER!

Early this year a team of staff from Lifewise, Auckland City Council and Auckland City Mission interviewed a group of homeless people, their families, retailers and others about the impact of rough sleeping in our city centre.

The resulting 'Insights into Rough Sleeping' report describes what it's like to sleep rough in their own words, with creative visuals showing the 'choices' people make to be homeless.

The report won gold at the Best Design Awards. From the judges: "After we awarded this the gold, we were told a story about a rough sleeper who literally sleeps with his copy of this ground breaking piece of information design. This says it all, that something could get it so right for both agencies and for the people experiencing rough sleeping."

A GREAT START FOR 70 MORE CHILDREN

Our Vital5 Early Childhood Education programme received a great boost this year with the opening of our new Waimumu Road centre in West Auckland. This will see 70 more children aged from birth to five years old get the start in life they deserve with quality care and learning in a nurturing environment. We're thrilled to see Vital5 grow. We believe the first five years of a child's life are critical to their future health, happiness, growth, development and achievement. We'll continue to ensure this Lifewise initiative grows stronger with every year.



HELP WHERE IT'S NEEDED MOST

Our Crisis Response and Housing team should be proud of their achievements this year.

63 PEOPLE
SUPPORTED INTO
PERMANENT HOUSING

108 PEOPLE
SUPPORTED INTO
TEMPORARY HOUSING

PROVIDED OVER
20,000 LOW COST
NOURISHING
MEALS TO THOSE IN NEED



HATS OFF TO OUR HOMECARE STAFF

This year we celebrated our staff who had achieved a Homecare qualification or completed a training programme. We take pride in the achievements of our staff and in the knowledge that as a result we have a more confident and competent workforce proving quality services for our clients. At present, 73% of our Homecare Workers have either completed or are in the process of completing Level 2, and 34% have completed or are completing Level 3. For many of our staff, this is the first qualification they have achieved. Apart from the challenge of just finding time to complete all the work, some of them have also overcome literacy issues, or have English as a second language. We know from other workers who have completed the graduation that they feel a great sense of pride in what they have achieved, and it reflects positively on the service they deliver to our clients.

ENRICHING FAMILY LIFE

We were fortunate to have many successes within Family Services during 2015. One of these was the successful intervention with the Jones whanau, and the subsequent development of an alternative model of intervention for foster care. This year also saw Lifewise gain the Parenting through Separation contract. We've had a huge increase in the numbers attending our parenting toolbox courses and are proud of the on-going high regard in which these courses are held. We've moved to evidence-based systems to better monitor the work we do and provide outcome measures for whanau. This, along with the increased professionalism of our team, has made 2015 a great year for Family Services.



MARIANA & AUNTIE BARB

Getting back on track after battles with addiction is tough, especially if you don't have a support network. Add a young family into the mix and with more at stake, it can be even harder. This was life for Mariana, and it was Barbara Hicks of Lifewise Rotorua (or Auntie Barb) who was there to help her get back on her feet.

Mariana was born in Rotorua but grew up in Sydney. In her late teens, things started to unravel. "I got mixed up in the wrong scene. I got addicted to heroin." After some time on the methadone programme, Mariana returned to Rotorua to be closer to family. It was there she was introduced to Barbara. "Straight away she was Auntie Barb. She was loving, caring, a teacher. She was a shoulder to cry on."

But more than emotional support, Barbara helped Mariana with the practical skills she needed to get back on track and look after her children. Advice about budgeting,

cooking, communication and more are some of the things Lifewise assists people with to help turn their lives around. In Mariana's words, "The most important thing she taught me were life skills; basic life skills. She taught me how to cook and maintain our budget with good kai. She helped me stabilise my life."

For Barbara, seeing the development in people like Mariana is what she loves about working with Lifewise. "You see progress in people. If I can see progress, it might be just an inch, I know I'm doing my job."

Lifewise provides support for those struggling with addictions and mental health issues. The service takes a Maori cultural framework, Te Ara Ora (Pathway to Wellbeing), and assists people of all cultural backgrounds. This service recognises the whole person, which we believe is the most effective way to support people.

TURNING LIVES AROUND WITH LOVE, CARE AND PRACTICAL HELP.



TAYLOR AND JOSH

I want to write to let you know how grateful our whanau is for what you do for our son at Royal Road Preschool. When our son started there he was really shy and didn't want me to leave him. After 18 months there with Andrea and the team he is a confident happy boy who is always up and ready for preschool (even on a Saturday). The teachers have supported him to try new things, take risks, do things for himself and be more independent. He has lots of friends at Preschool and I have also made friends through the preschool with other Mums and this has been a great support for me during some dark and difficult times. I have enjoyed being part of the PFC (Parents Family Committee). It has made me proud to make things happen at the Preschool for the teachers and the kids there. We don't have much but I am grateful for how the preschool and teachers remind us all its not about the flash stuff its about happiness, love and kindness.



MARJORIE

I am very thankful for the support that I receive from Lifewise. I feel that I would never have been able to get back on my feet without the help of Lifewise. I am a naturally organised person and Lifewise staff has showed me that I could continue being organised. Staff always treat me with dignity and respect. I find it very hard to depend on other people, however Lifewise has helped me to bridge that gap to accept that I can't do as much as in the past. Before I joined Lifewise I felt vulnerable and lonely - I feel that Lifewise has turned this around and I now feel safe and loved. I have learnt a lot from the staff and they keep me connected to the world out there. Lifewise is "my rock"!!



MARGARET

Margaret believes the old adage that “it takes a village to raise a child”. She’s been involved in Lifewise’s foster care programme for more than seven years and, since then, has provided a happy family home to more than 40 foster children. Margaret has a seven-bedroom home (or “village”, as she calls it) in Massey with her husband Michael and daughter Michelle. They recently fostered 10 children for a short period, seven siblings from one family and three from another. “Lifewise does everything possible to keep siblings together,” she says. “It’s important children maintain family relationships, and that’s why I’ve continued to foster through Lifewise.” Margaret and her husband Michael have four biological children. Michelle, 16, is the youngest, and it was her who initially prompted Margaret to get involved in the Lifewise foster care programme. “She came home from school with a pamphlet one day and said, ‘mum, we should do this,’” she says. “I come from a big family and I genuinely love children, so it seemed like a natural fit.”



MICHAEL AND JANET

We both receive support from Lifewise. Mike joined Lifewise first and I joined soon after. The homecare workers that come in to support us are all good in their own way. I find it very difficult to shower Mike and the support also means that I have free time to do something else or to sometimes just take welcomed down time and relax. With the different staff coming into our house it also means that there is another friendly face that we can interact with. Both Mike and I are extremely grateful for the service. When we think of Lifewise we think: AWESOME & CARING!

THANK YOU TO OUR AWESOME SUPPORTERS

A huge heartfelt thank you to our amazing partners, we couldn't do what we do without your support.

Altrusa
ANZ Staff Foundation
Auckland Council
BNZ
Department of Internal Affairs
Foundation North
Lion Foundation
Massey Matters

Rotorua Energy Trust
Skycity Community Trust
Sutherland Self Help Trust
Te Pou
Tindall Foundation
Todd Foundation
Waitemata Local Board

KEY FACTS

01. HOME SUPPORT
OVER 1000
OLDER PEOPLE
RECEIVING SUPPORT

OVER 300
MAKING THEIR OWN
DECISIONS THROUGH
INDIVIDUALISED FUNDING

02. THE HUB –
MERGE CAFE

63 PEOPLE
SUPPORTED INTO
PERMANENT HOUSING

OVER 3000
HOURS ASSISTING CLIENTS

OVER 20,000
DELICIOUS MEALS SERVED
AT MERGE CAFE

03. FAMILY SUPPORT
306 FAMILIES
WE HAVE WORKED WITH

68 CHILDREN
IN CARE

8982* NIGHTS
PROVIDED

* Total number of nights over 12 month period with a child in our care

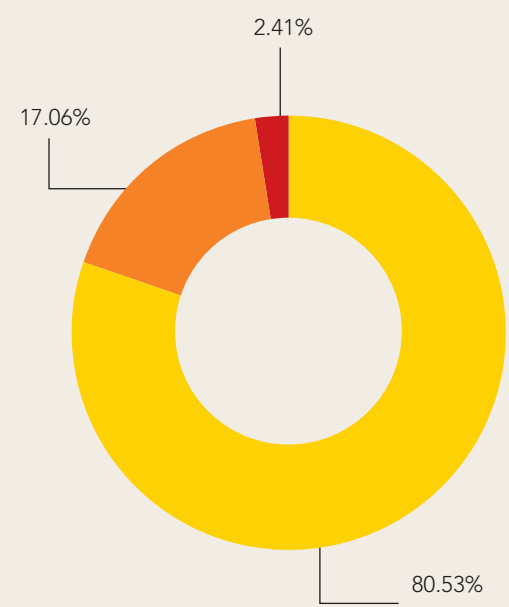
04. EARLY CHILDHOOD
EDUCATION
159 CHILDREN
RECEIVED EARLY CHILDHOOD
EDUCATION

05. ROTORUA
196 CLIENTS
RECEIVED TREATMENT FOR
MENTAL HEALTH & ADDICTION

FINANCIAL SUMMARY

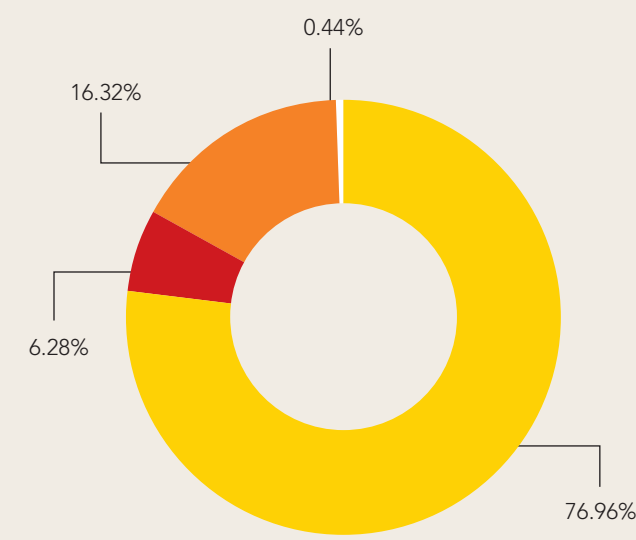
The Lifewise Trust, Board, Management and staff have maintained a responsible financial position through 2014/15. This, in a tight financial climate and a time of growing social need.

A major source of Lifewise income for the year ended 30 June 2015 and budgeted for in the June 2016 year is grants from Methodist Mission Northern, Government Contracts and the generosity of New Zealanders. The result is healthy and in line with those presented in 2013/4.



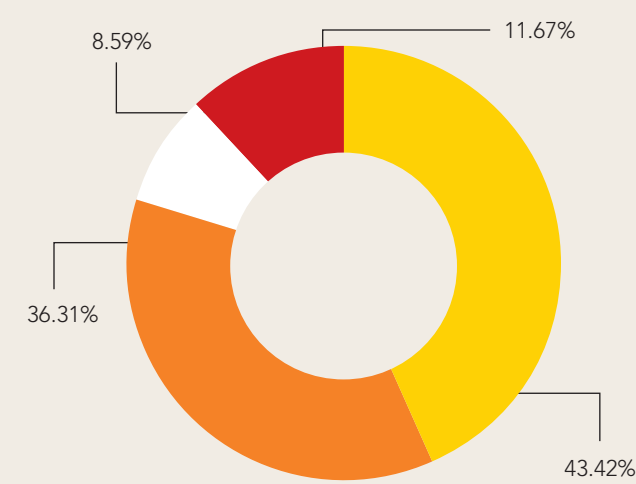
INCOME

- EARNED INCOME – CONTRACTS
- PHILANTHROPIC SUPPORT
- EARNED INCOME – SOCIAL ENTERPRISE



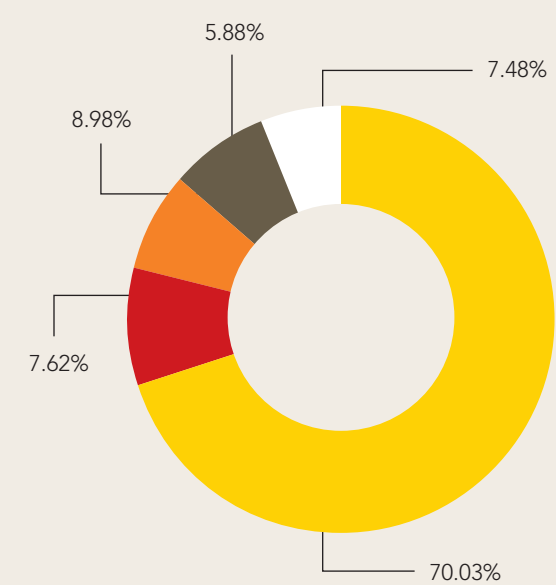
EXPENDITURE

- COMMUNITY & SOCIAL SERVICES
- ADMIN AND MANAGEMENT
- FACILITIES & EQUIPMENT
- FUNDRAISING, MARKETING & COMMUNICATIONS



BREAKDOWN OF PHILANTHROPIC SUPPORT

- METHODIST MISSION NORTHERN GRANT
- PHILANTHROPIC GRANTS
- BIG SLEEP OUT DONATIONS
- OTHER DONATIONS



BREAKDOWN OF EXPENDITURE
COMMUNITY AND SOCIAL SERVICES

- HEALTH & DISABILITY
- CRISIS RESPONSE & HOUSING
- CHILDREN & FAMILIES
- EDUCATION
- MENTAL HEALTH & ADDICTIONS

STATEMENT OF COMPREHENSIVE INCOME

	2015	2014
FOR THE YEAR ENDED 30 JUNE 2015	\$'000	\$'000
Total income	12,073	12,196
Total operating expenses	12,050	12,147
Surplus for the year	23	49
Share of surplus of jointly controlled entity	165	118
Net surplus for the year	188	167

STATEMENT OF CHANGES IN EQUITY

	2015	2014
FOR THE YEAR ENDED 30 JUNE 2015	\$'000	\$'000
Equity as at 1 July	855	688
Total comprehensive income for the year	188	167
Total equity at the end of the financial year	1,043	855

STATEMENT OF CASH FLOWS

	2015	2014
FOR THE YEAR ENDED 30 JUNE 2015	\$'000	\$'000
Cash flows from operating activities		
Net cash inflow/outflow) from operating activities	207	618
Cash flows from investing activities		
Net cash inflow/(outflow) from investing activities	(1,453)	(515)
Cash flows from financing activities		
Net cash inflow/(outflow) from financing activities	1,229	(103)
Net decrease in cash and cash equivalents	(17)	-
Add opening cash and cash equivalents brought forward	38	38
Ending cash and cash equivalents carried forward	21	38

STATEMENT OF FINANCIAL POSITION

	2015	2014
FOR THE YEAR ENDED 30 JUNE 2015	\$'000	\$'000
Current assets		
Cash and cash equivalents	21	38
Trade and other receivables	3,814	3,343
Short term investment Methodist Trust Association	1,116	1,056
Total current assets	4,951	4,437
Non-current assets		
Property, plant and equipment	1,748	483
Interest in joint ventures	205	221
Total non-current assets	1,953	704
Total assets	6,904	5,141
Current liabilities		
Trade and other payables	4,367	3,507
Provisions	455	624
Deferred income	104	-
Total current liabilities	4,926	4,131
Non-current liabilities		
Deferred income	935	-
Total non-current liabilities	935	-
Total liabilities	5,861	4,131
Net Assets	1,043	1,010
Funds and reserves		
Accumulated funds	1,043	855
Total funds and reserves	1,043	855

AIReDALE
PROPERTy



turning lives around

METHODIST
MISSION
NORTHORN
Integrity Courage Respect


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